

# Stage 5 Aberdare - Bath (Thu 8th Sep)



Start :	Aberdare Park, Aberdare
Neutralised section :	8.3km or 5.1 miles
Stage Distance :	194.5 km or 120.9 miles
Finish :	Royal Avenue, Bath

Route Details							Estimated Time of Arrival					
kms	kms to go	Miles	Miles to go	Feature	Instruction	Description	Base Speed	Lead Cars 13min	38kmp h 110%	42kmp ph 100%	46kmp h 90%	Time Range
0.00	8.30	0.00	5.10	Start Neutralised		Aberdare Park	42	10:30	10:45	10:45	10:45	
0.00	194.5	0.00	120.9	Start Proper		New Road, Mountain Ash	42	10:45	11:00	11:00	11:00	00:00
5.2	189.3	3.2	117.7	R/about	2nd Exit	A472 dir Ystrad Mynach	42	10:52	11:08	11:07	11:06	00:01
5.6	188.9	3.5	117.5	R/about	2nd Exit	A472 dir Ystrad Mynach	42	10:53	11:08	11:08	11:07	00:01
6.2	188.3	3.9	117.1	Sign		Caerphilly	42	10:53	11:09	11:08	11:07	00:01
7.0	187.5	4.4	116.6	X.Roads	Straight		42	10:55	11:11	11:10	11:09	00:02
7.6	186.9	4.7	116.2	R/about	3rd Exit	A472	42	10:55	11:11	11:10	11:09	00:02
8.2	186.3	5.1	115.9	R/about	2nd Exit	A472 Caerphilly Road	42	10:56	11:12	11:11	11:10	00:02
10.3	184.2	6.4	114.5	Sign		Tredomen	42	10:59	11:16	11:14	11:13	00:02
10.6	183.9	6.6	114.4	R/about	3rd Exit	A472 Tredomen Road	42	11:00	11:16	11:15	11:13	00:03
11.0	183.5	6.8	114.1	X.Roads	Straight		42	11:00	11:17	11:15	11:14	00:03
11.2	183.3	7.0	114.0	Sign		Ystrad Mynach	42	11:01	11:17	11:16	11:14	00:03
11.7	182.8	7.3	113.7	R/about	2nd Exit	A472	42	11:01	11:18	11:16	11:15	00:03
11.9	182.6	7.4	113.5	R/about	2nd Exit	A472	42	11:02	11:18	11:17	11:15	00:03
12.1	182.4	7.5	113.4	T.Lights	Straight	A472	42	11:02	11:19	11:17	11:15	00:03
12.1	182.4	7.5	113.4	Sign		Maescywmer	42	11:02	11:19	11:17	11:15	00:03
13.0	181.5	8.1	112.9	T.Lights	Straight	A472 Main Road	42	11:03	11:20	11:18	11:16	00:03
14.2	180.3	8.8	112.1	R/about	2nd Exit	A472 dir Pontypool	42	11:05	11:22	11:20	11:18	00:04
15.3	179.2	9.5	111.4	R/about	1st Exit	A4251 Newport Road	42	11:06	11:24	11:21	11:19	00:04
15.3	179.2	9.5	111.4	Sign		Pontllanfraith	42	11:06	11:24	11:21	11:19	00:04
16.0	178.5	9.9	111.0	X.Roads	Straight		42	11:07	11:25	11:22	11:20	00:04
16.2	178.3	10.1	110.9	R/about	2nd Exit	B4251 Commercial Street	42	11:08	11:25	11:23	11:20	00:04
16.7	177.8	10.4	110.6	T.Lights	Left	Penmaen Road	42	11:08	11:26	11:23	11:21	00:04
17.2	177.3	10.7	110.3	R/about	2nd Exit	A4048 dir Tredegar	42	11:09	11:27	11:24	11:22	00:04
17.7	176.8	11.0	109.9	R/about	2nd Exit	A4048 dir Tredegar	42	11:10	11:27	11:25	11:22	00:05
18.8	175.7	11.7	109.3	R/about	2nd Exit	B4251 Parkway	42	11:11	11:29	11:26	11:24	00:05
21.4	173.1	13.3	107.6	R/about	3rd Exit	B4251 Parkway	42	11:15	11:33	11:30	11:27	00:06
22.1	172.4	13.7	107.2	T.Lights	Left	B4251	42	11:16	11:34	11:31	11:28	00:06
22.1	172.4	13.7	107.2		Caution	Fast Descent!	42	00:00	11:34	11:31	11:28	00:06
23.7	170.8	14.7	106.2	Sign		Crumlin	42	11:18	11:37	11:33	11:30	00:06
24.0	170.5	14.9	106.0	T.Lights	Right	A467 die Newport	42	11:19	11:37	11:34	11:30	00:06
24.0	170.5	14.9	106.0		Keep Left		42	11:19	11:37	11:34	11:30	00:06
24.2	170.3	15.0	105.9	T.Lights	Left	A472 Hafod-yr-Ynys Road	42	11:19	11:38	11:34	11:31	00:06
25.3	169.2	15.7	105.2	Sign		Hafodryns	42	11:21	11:39	11:36	11:32	00:07
25.3	169.2	15.7	105.2		Keep Right	A472	42	11:21	11:39	11:36	11:32	00:07
25.6	168.9	15.9	105.0	X.Roads	Straight		42	11:21	11:40	11:36	11:32	00:07
27.1	167.4	16.9	104.1	Junction	Left	Crumlin Road	42	11:23	11:42	11:38	11:34	00:07
29.8	164.7	18.5	102.4	Sign		Old Furnace	42	11:27	11:46	11:42	11:38	00:08
30.4	164.1	18.9	102.0		Keep Right	Crumlin Road	42	11:28	11:47	11:43	11:39	00:08
30.4	164.1	18.9	102.0	Sign		Pontypool	42	11:28	11:47	11:43	11:39	00:08
31.2	163.3	19.4	101.5		Keep Right	Crumlin Road	42	11:29	11:49	11:44	11:40	00:08
31.3	163.2	19.5	101.5	T.Junction	Left	Albion Road	42	11:29	11:49	11:44	11:40	00:08
31.7	162.8	19.7	101.2	R/about	2nd Exit		42	11:30	11:49	11:45	11:40	00:09
31.8	162.7	19.8	101.2	R/about	3rd Exit	Clarence Road	42	11:30	11:49	11:45	11:40	00:09
32.4	162.1	20.1	100.8	T.Lights	Straight	Rockhill Road	42	11:31	11:50	11:46	11:41	00:09
32.5	162.0	20.2	100.7	T.Lights	Left	Usk Road	42	11:31	11:51	11:46	11:41	00:09
32.7	161.8	20.3	100.6	Sign		New Inn	42	11:31	11:51	11:46	11:42	00:09
33.1	161.4	20.6	100.4	M R/about	1st Exit	Usk Road	42	11:32	11:52	11:47	11:42	00:09
33.3	161.2	20.7	100.2		Keep Right	Usk Road	42	11:32	11:52	11:47	11:42	00:09
34.2	160.3	21.3	99.7		Keep Left		42	11:33	11:53	11:48	11:43	00:09

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Stage Distance :	194.5 km or 120.9 miles
Finish :	Royal Avenue, Bath

Route Details							Estimated Time of Arrival					
kms	kms to go	Miles	Miles to go	Feature	Instruction	Description	Base Speed	Lead Cars 3min	38kmp h 110%	42km ph 100%	46kmp h 90%	Time Range
34.3	160.2	21.3	99.6	R/about	1st Exit	A4062 Usk Road	42	11:34	11:53	11:49	11:44	00:09
35.7	158.8	22.2	98.7	R/about	2nd Exit	A4062 Usk Road	42	11:36	11:56	11:51	11:45	00:10
36.4	158.1	22.6	98.3	Junction	Right	dr Usk	42	11:37	11:57	11:52	11:46	00:10
36.5	158.0	22.7	98.3	X.Roads	Straight	Berthon Road	42	11:37	11:57	11:52	11:46	00:10
36.6	157.9	22.8	98.2	Sign		Little Mill	42	11:37	11:57	11:52	11:47	00:10
37.9	156.6	23.6	97.4	Sign		Monkswood	42	11:39	11:59	11:54	11:48	00:10
42.6	151.9	26.5	94.5	Sign		Usk	42	11:45	12:06	12:00	11:54	00:12
43.2	151.3	26.9	94.1		Keep Left	A472 Bridge Street	42	11:46	12:07	12:01	11:55	00:12
44.0	150.5	27.4	93.6	Sprint 1		Monmouth Road	42	11:47	12:09	12:02	11:56	00:12
45.4	149.1	28.2	92.7		Keep Left		42	11:49	12:11	12:04	11:58	00:12
45.5	149.0	28.3	92.7	Fork	Left	B4235 dir Chepstow	42	11:50	12:11	12:05	11:58	00:13
45.5	149.0	28.3	92.7	T.Junction	Left	B4235	42	11:50	12:11	12:05	11:58	00:13
47.0	147.5	29.2	91.7	Sign		Gwernesney	42	11:52	12:13	12:07	12:00	00:13
47.1	147.4	29.3	91.7	Junction	Left	Monmouth Road	42	11:52	12:14	12:07	12:00	00:13
50.3	144.2	31.3	89.7	X.Roads	Right	dir Llansoy	42	11:56	12:19	12:11	12:04	00:14
50.3	144.2	31.3	89.7		Caution!	Fast Descent!	42	11:56	12:19	12:11	12:04	00:14
51.6	142.9	32.1	88.9	Sign		Llansoy	42	11:58	12:21	12:13	12:06	00:14
52.1	142.4	32.4	88.6	Drinks	Start		42	11:59	12:21	12:14	12:06	00:14
55.8	138.7	34.7	86.3	T.Junction	Left	B4293 dir Trelleck	42	12:04	12:27	12:19	12:11	00:15
57.2	137.3	35.6	85.4	Sign		Llanishen	42	12:06	12:29	12:21	12:13	00:16
59.3	135.2	36.9	84.1		Keep Left	B4293	42	12:09	12:33	12:24	12:16	00:16
60.3	134.2	37.5	83.5	Sign		Trelleck	42	12:11	12:34	12:26	12:17	00:17
60.9	133.6	37.9	83.1	Junction	Right	Catbrook Road	42	12:12	12:35	12:27	12:18	00:17
60.9	133.6	37.9	83.1	Junction	Left	Llandogo Road	42	12:12	12:35	12:27	12:18	00:17
62.9	131.6	39.1	81.8		Keep Right	Llandogo Road	60	12:14	12:38	12:29	12:20	00:17
62.9	131.6	39.1	81.8		Caution	Fast & Narrow descent	60	12:14	12:38	12:29	12:20	00:17
64.5	130.0	40.1	80.8	Junction	Right	dir Tintern	60	12:16	12:40	12:31	12:22	00:18
66.9	127.6	41.6	79.3	T.Junction	Left	A466	42	12:18	12:43	12:33	12:24	00:18
68.3	126.2	42.5	78.5		Caution!	Deer!	42	12:20	12:45	12:35	12:26	00:19
70.9	123.6	44.1	76.9	Sign		Llandogo	42	12:24	12:49	12:39	12:29	00:19
73.1	121.4	45.5	75.5		Keep Right	A466	42	12:27	12:52	12:42	12:32	00:20
73.2	121.3	45.5	75.4	T.Lights	Straight	Caution! Narrow Bridge!	42	12:27	12:53	12:42	12:32	00:20
73.4	121.1	45.6	75.3	Junction	Right	Stowe Road	42	12:28	12:53	12:43	12:32	00:20
73.4	121.1	45.6	75.3	Sign		Gloucestershire	42	12:28	12:53	12:43	12:32	00:20
73.4	121.1	45.6	75.3	KoM 1 Cat 2	Start		42	12:28	12:53	12:43	12:32	00:20
76.7	117.8	47.7	73.3		Keep Right	Stowe Road	42	12:32	12:58	12:47	12:37	00:21
76.9	117.6	47.8	73.1	KoM 1 Cat 2	Finish	Stowe Green	42	12:33	12:58	12:48	12:37	00:21
78.0	116.5	48.5	72.4	T.Junction	Left	Church Street	42	12:34	13:00	12:49	12:38	00:21
78.3	116.2	48.7	72.3	Sign		Clearwell	42	12:35	13:01	12:50	12:39	00:22
78.8	115.7	49.0	71.9	Junction	Right	High Street	42	12:35	13:01	12:50	12:39	00:22
79.3	115.2	49.3	71.6		Keep Left	Lambsquay Road	42	12:36	13:02	12:51	12:40	00:22
80.2	114.3	49.9	71.1	T.Junction	Left	B4228 Perrygrove Road	42	12:37	13:04	12:52	12:41	00:22
81.1	113.4	50.4	70.5	Sign		Coleford	42	12:39	13:05	12:54	12:42	00:22
81.3	113.2	50.6	70.4	T.Lights	Straight	B4228 Old Station Way	42	12:39	13:05	12:54	12:42	00:22
82.2	112.3	51.1	69.8	T.Lights	Right	B4028 Gloucester Road	42	12:40	13:07	12:55	12:44	00:23
82.8	111.7	51.5	69.5	Junction	Right	B4226 Bakers Hill	42	12:41	13:08	12:56	12:44	00:23
83.4	111.1	51.9	69.1	Sign		Broadwell	42	12:42	13:09	12:57	12:45	00:23
83.5	111.0	51.9	69.0		Keep Left	B4226 Poolway Road	42	12:42	13:09	12:57	12:45	00:23
83.5	111.0	51.9	69.0		Caution!	Fast Descent!	50	12:42	13:09	12:57	12:45	00:23
83.6	110.9	52.0	69.0	X.Roads	Straight	B4226 Speech House Road	50	12:42	13:09	12:57	12:45	00:23

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Finish :	Royal Avenue, Bath

Route Details							Estimated Time of Arrival					
kms	kms to go	Miles	Miles to go	Feature	Instruction	Description	Base Speed	Lead Cars 13min	38kmp h 110%	42km ph 100%	46kmp h 90%	Time Range
85.9	108.6	53.4	67.5	X.Roads	Straight	B4226 Speech House Road	50	12:45	13:12	13:00	12:48	00:24
86.1	108.4	53.5	67.4	KoM 2 Cat 2	Start		42	12:45	13:12	13:00	12:48	00:24
87.2	107.3	54.2	66.7	Sign		Speech House	42	12:47	13:14	13:02	12:50	00:24
87.2	107.3	54.2	66.7	KoM 2 Cat 2	Finish	Speech House	42	12:47	13:14	13:02	12:50	00:24
87.3	107.2	54.3	66.7	Feed	Start		42	12:47	13:14	13:02	12:50	00:24
90.3	104.2	56.2	64.8	Sign		Cinderford	42	12:51	13:19	13:06	12:54	00:25
90.5	104.0	56.3	64.7	X.Roads	Straight	B4226 St Whites Road	42	12:51	13:19	13:06	12:54	00:25
91.1	103.4	56.7	64.3	X.Roads	Straight		42	12:52	13:20	13:07	12:55	00:25
91.7	102.8	57.0	63.9	R/about	2nd Exit	A4151 St Whites Road	42	12:53	13:21	13:08	12:55	00:25
91.7	102.8	57.0	63.9	Sign		Little Dean	42	12:53	13:21	13:08	12:55	00:25
92.0	102.5	57.2	63.7	T.Junction	Right	A4151 Broad Street	42	12:54	13:22	13:09	12:56	00:25
92.0	102.5	57.2	63.7		Caution!	Fast Descent!	50	12:54	13:22	13:09	12:56	00:25
93.2	101.3	58.0	63.0	M/Rabout	1st Exit	A4151 Church Street	42	12:55	13:23	13:10	12:57	00:26
93.9	100.6	58.4	62.6		Keep Right	A4151 Elton Road	42	12:56	13:24	13:11	12:58	00:26
97.0	97.5	60.3	60.6	T.Junction	Left	A48 dir Gloucester	42	13:00	13:29	13:15	13:02	00:27
98.2	96.3	61.1	59.9	Sign		Westbury-on-Severn	42	13:02	13:31	13:17	13:03	00:27
99.3	95.2	61.7	59.2		Keep Left	A48	42	13:04	13:33	13:19	13:05	00:27
102.8	91.7	63.9	57.0		Keep Left		42	13:09	13:38	13:24	13:09	00:28
103.6	90.9	64.4	56.5		Keep Left		42	13:10	13:39	13:25	13:10	00:29
104.4	90.1	64.9	56.0	Sign		Minsterworth	42	13:11	13:41	13:26	13:11	00:29
105.4	89.1	65.5	55.4		Keep Left		42	13:12	13:42	13:27	13:13	00:29
109.4	85.1	68.0	52.9	R/about	3rd Exit	A40 dir Gloucester	42	13:18	13:49	13:33	13:18	00:30
110.2	84.3	68.5	52.4	T.Lights	Straight	A40	42	13:19	13:50	13:34	13:19	00:30
110.9	83.6	69.0	52.0	T.Lights	Straight	A40	42	13:20	13:51	13:35	13:20	00:31
111.3	83.2	69.2	51.7	T.Lights	Straight	A40	42	13:21	13:52	13:36	13:20	00:31
111.6	82.9	69.4	51.6	T.Lights	Straight	A40	42	13:21	13:52	13:36	13:21	00:31
111.9	82.6	69.6	51.4	R/about	3rd Exit	A147 Over Causeway	42	13:22	13:53	13:37	13:21	00:31
112.6	81.9	70.0	50.9	Sign		Gloucester	42	13:23	13:54	13:38	13:22	00:31
112.6	81.9	70.0	50.9	T.Lights	Straight	A417 Westgate Street	42	13:23	13:54	13:38	13:22	00:31
113.0	81.5	70.3	50.7		Keep Right	A417 Oswalds Street	42	13:23	13:54	13:38	13:22	00:31
113.2	81.3	70.4	50.6		Keep Left		42	13:24	13:55	13:39	13:23	00:31
113.3	81.2	70.5	50.5		Keep Right	A417 Royal Oak Road	42	13:24	13:55	13:39	13:23	00:31
113.4	81.1	70.5	50.4	T.Lights	Straight	A4301 Royal Oak Road	42	13:24	13:55	13:39	13:23	00:31
113.6	80.9	70.6	50.3		Keep Left	A4301 Commercial Road	42	13:24	13:55	13:39	13:23	00:31
114.0	80.5	70.9	50.1		Keep Right	A4301 Southgate Street	42	13:25	13:56	13:40	13:24	00:32
114.3	80.2	71.1	49.9	M/Rabout	2nd Exit	A4301 Southgate Street	42	13:25	13:56	13:40	13:24	00:32
114.5	80.0	71.2	49.7	T.Lights	Straight	A4301 Bristol Road	42	13:25	13:57	13:40	13:24	00:32
114.6	79.9	71.3	49.7	Junction	Left	B4012 Stroud Road	42	13:26	13:57	13:41	13:25	00:32
114.8	79.7	71.4	49.6	T.Junction	Left	B4012 Stroud Road	42	13:26	13:57	13:41	13:25	00:32
115.1	79.4	71.6	49.4	T.Lights	Straight	B4012 Park Road	42	13:26	13:58	13:41	13:25	00:32
116.6	77.9	72.5	48.4	M/Rabout	1st Exit	B4012 Stroud Road	42	13:28	14:00	13:43	13:27	00:32
116.9	77.6	72.7	48.3	R/about	3rd Exit	A4173 Stroud Road	42	13:29	14:00	13:44	13:27	00:32
118.4	76.1	73.6	47.3		Keep Left		42	13:31	14:03	13:46	13:29	00:33
118.5	76.0	73.7	47.3		Keep Left		42	13:31	14:03	13:46	13:30	00:33
118.6	75.9	73.8	47.2	Sign		Whaddon	42	13:31	14:03	13:46	13:30	00:33
120.5	74.0	74.9	46.0	Sign		Brookthorne	42	13:34	14:06	13:49	13:32	00:33
120.7	73.8	75.1	45.9	M/Rabout	1st Exit	A4173	42	13:34	14:06	13:49	13:32	00:33
121.0	73.5	75.2	45.7	M/Rabout	2nd Exit	A4173	42	13:35	14:07	13:50	13:33	00:34
123.0	71.5	76.5	44.5	Sign		Edge	42	13:38	14:10	13:53	13:35	00:34
124.7	69.8	77.5	43.4	Sign		Pitchcombe	42	13:40	14:13	13:55	13:38	00:35

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125.0	69.5	77.7	43.2		Keep Left		50	13:40	14:13	13:55	13:38	00:35
125.0	69.5	77.7	43.2		<b>Caution!</b>	<b>Fast Descent!</b>	50	13:40	14:13	13:55	13:38	00:35
125.9	68.6	78.3	42.7	T.Junction	Right	A46 dir Stroud	42	13:42	14:14	13:57	13:39	00:35
127.1	67.4	79.0	41.9	Sign		Stroud	50	13:43	14:16	13:58	13:40	00:35
128.2	66.3	79.7	41.2	R/about	1st Exit	Beeches Green	50	13:45	14:18	14:00	13:42	00:36
128.6	65.9	80.0	41.0	R/about	2nd Exit	A46 Merrywalks	50	13:45	14:18	14:00	13:42	00:36
129.0	65.5	80.2	40.7	R/about	3rd Exit	A419 Cainscross Road	50	13:46	14:19	14:01	13:42	00:36
129.2	65.3	80.3	40.6	T.Lights	Straight	A419 Cainscross Road	50	13:46	14:19	14:01	13:43	00:36
129.8	64.7	80.7	40.2	<b>Sprint 2</b>		<b>Stroud</b>	<b>50</b>	<b>13:47</b>	<b>14:20</b>	<b>14:02</b>	<b>13:43</b>	<b>00:36</b>
130.3	64.2	81.0	39.9	R/about	1st Exit	A419 Dudbridge Road	42	13:47	14:20	14:02	13:44	00:36
130.4	64.1	81.1	39.9		Keep Left		42	13:47	14:21	14:02	13:44	00:36
130.7	63.8	81.3	39.7	R/about	2nd Exit	A419	42	13:48	14:21	14:03	13:44	00:36
130.8	63.7	81.3	39.6		Keep Left		42	13:48	14:21	14:03	13:45	00:36
130.9	63.6	81.4	39.5	R/about	2nd Exit	B4066 Selsley Hill	42	13:48	14:21	14:03	13:45	00:36
130.9	63.6	81.4	39.5	<b>KoM 3 Cat 2</b>	<b>Start</b>		<b>42</b>	<b>13:48</b>	<b>14:21</b>	<b>14:03</b>	<b>13:45</b>	<b>00:36</b>
131.3	63.2	81.6	39.3	<b>Sign</b>		<b>Selsley Hill</b>	42	13:49	14:22	14:04	13:45	00:36
131.3	63.2	81.6	39.3		Keep Left	B4066 Selsley Hill	42	13:49	14:22	14:04	13:45	00:36
131.8	62.7	82.0	39.0		<b>Caution!</b>	<b>Cattle Grid</b>	42	13:49	14:23	14:04	13:46	00:36
132.6	61.9	82.5	38.5		Keep Right	B4066	42	13:50	14:24	14:05	13:47	00:37
132.9	61.6	82.6	38.3	<b>KoM 3 Cat 2</b>	<b>Finish</b>	<b>Selsley Hill</b>	<b>42</b>	<b>13:51</b>	<b>14:24</b>	<b>14:06</b>	<b>13:47</b>	<b>00:37</b>
133.4	61.1	83.0	38.0		<b>Caution!</b>	<b>Cattle!</b>	42	13:52	14:25	14:07	13:48	00:37
133.6	60.9	83.1	37.9		<b>Caution!</b>	<b>Cattle Grid!</b>	42	13:52	14:26	14:07	13:48	00:37
138.8	55.7	86.3	34.6	<b>Sign</b>		<b>Uley</b>	50	13:59	14:34	14:14	13:55	00:38
138.9	55.6	86.4	34.6		<b>Caution!</b>	<b>Fast Descent!</b>	50	13:59	14:34	14:14	13:55	00:38
140.9	53.6	87.6	33.3		Keep Left	B4066 The Street	42	14:02	14:37	14:17	13:57	00:39
141.2	53.3	87.8	33.1	X.Roads	Straight	B4066 Uley Road	42	14:02	14:37	14:17	13:57	00:39
143.1	51.4	89.0	32.0	<b>Sign</b>		<b>Dursley</b>	42	14:05	14:40	14:20	14:00	00:40
143.2	51.3	89.0	31.9	M/Rabout	2nd Exit	B4066 Uley Road	42	14:05	14:40	14:20	14:00	00:40
143.7	50.8	89.4	31.6	X.Roads	Straight		42	14:06	14:41	14:21	14:01	00:40
143.7	50.8	89.4	31.6		Keep Right		42	14:06	14:41	14:21	14:01	00:40
144.0	50.5	89.5	31.4	T.Junction	Left		42	14:06	14:41	14:21	14:01	00:40
144.0	50.5	89.5	31.4	M/Rabout	1st Exit	A4135 Woodmancote	42	14:06	14:41	14:21	14:01	00:40
148.4	46.1	92.3	28.7	Junction	Right	B4058	42	14:13	14:48	14:28	14:07	00:41
150.8	43.7	93.8	27.2		<b>Caution!</b>	<b>Fast Descent!</b>	42	14:16	14:52	14:31	14:10	00:42
152.0	42.5	94.5	26.4		<b>Caution!</b>	<b>Sharp Right!</b>	42	14:18	14:54	14:33	14:11	00:42
152.5	42.0	94.8	26.1	<b>Sign</b>		<b>Wotton-under-Edge</b>	42	14:18	14:55	14:33	14:12	00:42
153.5	41.0	95.5	25.5	R/about	2nd Exit	Old Town	42	14:20	14:56	14:35	14:13	00:43
153.8	40.7	95.6	25.3	Junction	Left	Bear Street	42	14:20	14:57	14:35	14:14	00:43
154.5	40.0	96.1	24.9	Junction	Left	B4060 Wotton Road	42	14:21	14:58	14:36	14:15	00:43
155.2	39.3	96.5	24.4	<b>Sign</b>		<b>Kingswood</b>	42	14:22	14:59	14:37	14:15	00:43
155.6	38.9	96.8	24.2	X.Roads	Straight	Old Rectory Road	42	14:23	15:00	14:38	14:16	00:43
155.9	38.6	96.9	24.0		Keep Right	Wickwar Road	42	14:23	15:00	14:38	14:16	00:43
158.9	35.6	98.8	22.1	<b>Sign</b>		<b>South Gloucestershire</b>	42	14:28	15:05	14:43	14:20	00:44
159.1	35.4	98.9	22.0	<b>Sign</b>		<b>Wickwar</b>	42	14:28	15:05	14:43	14:20	00:44
159.9	34.6	99.4	21.5	T.Lights	Keep Left	B4060 High Street	42	14:29	15:06	14:44	14:21	00:44
160.7	33.8	99.9	21.0	M/Rabout	2nd Exit	B4060	42	14:30	15:08	14:45	14:23	00:45
162.9	31.6	101.3	19.7	X.Roads	Straight	B4060 Wickwar Road	42	14:33	15:11	14:48	14:25	00:45
165.9	28.6	103.2	17.8	<b>Sign</b>		<b>Chipping Sodbury</b>	42	14:38	15:16	14:53	14:29	00:46
166.1	28.4	103.3	17.7	R/about	2nd Exit	B4060 Wickwar Road	42	14:38	15:16	14:53	14:29	00:46
166.3	28.2	103.4	17.5	M/Rabout	1st Exit	B4060 Wickwar Road	42	14:38	15:16	14:53	14:30	00:46

# Stage 5 Aberdare - Bath (Thu 8th Sep)



Start :	Aberdare Park, Aberdare
Neutralised section :	8.3km or 5.1 miles
Stage Distance :	194.5 km or 120.9 miles
Finish :	Royal Avenue, Bath

Route Details							Estimated Time of Arrival					
kms	kms to go	Miles	Miles to go	Feature	Instruction	Description	Base Speed	Lead Cars +3min	38kmp h 110%	42kmp ph 100%	46kmp h 90%	Time Range
166.5	28.0	103.5	17.4	T.Junction	Right	A432 High Street	42	14:38	15:17	14:53	14:30	00:46
166.9	27.6	103.8	17.2	M/Rabout	1st Exit	Culverhill Road	42	14:39	15:17	14:54	14:30	00:46
167.4	27.1	104.1	16.9	M/Rabout	1st Exit	Bowling Road	42	14:40	15:18	14:55	14:31	00:47
167.6	26.9	104.2	16.7	M/Rabout	1st Exit	Bowling Road	42	14:40	15:18	14:55	14:31	00:47
168.3	26.2	104.7	16.3		Keep Right	Claypit Hill	42	14:41	15:20	14:56	14:32	00:47
169.1	25.4	105.2	15.8		Keep Right		42	14:42	15:21	14:57	14:33	00:47
170.6	23.9	106.1	14.9	T.Junction	Right	B4465	42	14:44	15:23	14:59	14:35	00:47
171.8	22.7	106.8	14.1	T.Lights	Left	B4465 Westerleigh Road	42	14:46	15:25	15:01	14:37	00:48
173.6	20.9	108.0	13.0	Sign		Pucklechurch	42	14:49	15:28	15:04	14:39	00:48
174.1	20.4	108.3	12.7	Sprint 3		Pucklechurch	42	14:49	15:29	15:04	14:40	00:48
174.4	20.1	108.5	12.5		Keep Right	Westerleigh Road	42	14:50	15:29	15:05	14:40	00:49
174.6	19.9	108.6	12.4		Keep Left	Westerleigh Road	42	14:50	15:29	15:05	14:40	00:49
174.8	19.7	108.7	12.3	T.Junction	Left	Abson Road	42	14:50	15:30	15:05	14:41	00:49
175.0	19.5	108.8	12.1		Keep Right		42	14:51	15:30	15:06	14:41	00:49
176.3	18.2	109.6	11.3	Sign		Abson	42	14:52	15:32	15:07	14:43	00:49
177.1	17.4	110.1	10.8		Keep Right	Abson Road	42	14:54	15:33	15:09	14:44	00:49
178.1	16.4	110.8	10.2	X.Roads	Straight	Nashcombe Hill	42	14:55	15:35	15:10	14:45	00:50
178.1	16.4	110.8	10.2	Sign		Wick	42	14:55	15:35	15:10	14:45	00:50
178.8	15.7	111.2	9.8	T.Lights	Right	A420 Church Road	42	14:56	15:36	15:11	14:46	00:50
181.1	13.4	112.6	8.3	R/about	1st Exit	A4175 Bath Road	42	14:59	15:40	15:14	14:49	00:50
181.5	13.0	112.9	8.1	R/about	2nd Exit	A4175 Bath Road	42	15:00	15:40	15:15	14:49	00:51
182.2	12.3	113.3	7.6	Sign		Oldland Common	42	15:01	15:41	15:16	14:50	00:51
183.4	11.1	114.0	6.9	M/Rabout	1st Exit	A4175 Barry Road	42	15:03	15:43	15:18	14:52	00:51
184.5	10.0	114.7	6.2	R/about	1st Exit	A431 Bath Road	42	15:04	15:45	15:19	14:53	00:51
184.6	9.9	114.8	6.2	Sign		Bitton	42	15:04	15:45	15:19	14:53	00:51
186.5	8.0	116.0	5.0	Sign		Swineford	60	15:07	15:48	15:22	14:56	00:52
187.7	6.8	116.7	4.2	Sign		Bath & Somerset	60	15:08	15:49	15:23	14:57	00:52
188.5	6.0	117.2	3.7	Sign		Kelston	60	15:09	15:50	15:24	14:57	00:52
188.9	5.6	117.5	3.5		Keep Left	A431 Bath Road	60	15:09	15:51	15:24	14:58	00:52
190.3	4.2	118.3	2.6		Caution!	Sharp Right!	42	15:11	15:52	15:26	14:59	00:53
192.7	1.8	119.8	1.1	M/Rabout	2nd Exit	A431 Newbridge Hill	60	15:14	15:56	15:29	15:02	00:53
192.9	1.6	120.0	1.0	T.Lights	Straight	A431 Upper Bristol Road	60	15:14	15:56	15:29	15:02	00:53
193.2	1.3	120.1	0.8	T.Lights	Straight	A4 Upper Bristol Road	60	15:15	15:57	15:30	15:03	00:54
194.0	0.5	120.6	0.3	Junction	Left	Malborough Lane	60	15:15	15:58	15:30	15:03	00:54
194.1	0.4	120.7	0.2	Junction	Right	Royal Avenue	60	15:16	15:58	15:31	15:03	00:54
194.5	0.0	120.9	0.0	Finish		Royal Avenue, Bath	42	15:16	15:58	15:31	15:04	00:54